



Get Active Australia



Beliefs, Values, Guidelines...

1. Beliefs

Happy to respect and warmly welcome all people irrespective of: age or ability, male or female, race or appearance, rich or poor, beliefs or birth place.

2. Values

Willing to support the following fair dinkum aussie spirit values
Respectful and Responsible / Honest and Caring / Friendly and Fair.

3. Guidelines

Encourages all Aussies to support the following guidelines:

- A:** Aim to keep Australia safe, clean and sustainable.
- U:** Understand it is just as easy to do the right thing as opposed to the wrong thing.
- S:** Strive to be honest and fair and accept no anti social behaviour.
- S:** Stress the need to be independent and responsible for your own welfare and decisions.
- I:** If a smoker aim to reduce or quit - but absolutely no butts left on the ground.
- E:** Empathy for all people including family, friends and strangers.

- S:** Support where possible local business and service providers.
- P:** Prepared to be friendly and say "G'Day".
- I:** Improve personal fitness by regular aerobic activity and sound dietary decisions.
- R:** Recognize that if you have a problem, you need to seek help to solve it.
- I:** Impressive lifestyle in regard to drinking, driving and gambling responsibly.
- T:** Treat all people equally and with respect.

